



# At the Table

## How we help intown neighbors move toward food security

When you don't know where your next meal will come from, it's hard to address other facets of your life that need attention.

To alleviate food insecurity for Atlanta neighbors, Intown Cares makes food available twice a week at our pantry – and makes deliveries to neighbors who can't get to the pantry.

Nourishment is our first priority. We work hard to source healthy food that is often unaffordable and sometimes hard to find – from fresh produce to meat, dairy and bread. We also supply toiletry kits, pet food and other essential household items.

*How we work* ▶



### The other side of our mission

We also go the extra mile to help intown Atlantans in need get permanent housing



## Every week...

- Neighbors from **300+** metro Atlanta households receive food from Intown Cares
- In 2022, we provided food for **290,867** meals — all of it without stipulation or requirements. Neighbors needing food may come to Intown as often as needed.
- **More than half** of food and goods were delivered – by volunteers, and through our partnership with Amazon

### Where the food comes from

- Generous Atlantans – individuals, congregations and groups – show up at our pantry to donate goods.
- We purchase several thousand pounds of food weekly from the Atlanta Community Food Bank, at a cost far below retail.
- Nearby grocers and restaurants donate food they expect will expire before they can sell it.
- Reliable partners gather food from their networks and bring it to us.

We sort, pack, prepare, distribute. We're so grateful for all of it – and still, more is always needed.

### 23 TONS of Fresh Produce provided by friends in FY22

**Nearly 39,000 lbs.** of produce collected from stores + restaurants by Second Helpings Atlanta

Peachtree Road Farmers Market  
Paideia Urban Agriculture  
Concrete Jungle  
Freedom Farmers Market  
Morningside Farmers Market  
Others

**Provided another 7,700 lbs.**  
#thankyouthankyou

### WHY IT MATTERS:

Produce and refrigerated foods promote healthy eating, lower health risks and increased food security.



### The need we fill

Some Atlanta nonprofits provide people in need with a hot meal right away. Our aim is to supply intown neighbors with groceries and goods for the next several meals, which creates food security.

Atlanta has good organizations that operate a community pantry; a few others deliver meals. Intown Cares does both – we're driven to go the extra mile to address food insecurity.

### What's needed most (to increase our impact):

**High-demand pantry items.** There's always a list of "greatest needs" for our pantry — and we keep this list updated on the home page of our website, [IntownCares.org](http://IntownCares.org).



[IntownCares.org](http://IntownCares.org)

*Intown Cares' Food Pantry is located in the back of Druid Hills Presbyterian Church at 1026 Ponce de Leon Avenue NE, Atlanta 30306. Entrance to the campus is off St. Charles Ave.*